



Our vision is a nurturing community that expects respect, encourages creativity and embraces aspiration.

Our school provides a broad and balanced education that is relevant, engaging and challenging whilst meeting the needs of our pupils. It aims to furnish them with the skills, knowledge and understanding they will need in preparation for their future lives, to be respectful, caring, creative and ambitious citizens in our local and global community.

PE at SANDFORD

At Sandford we aim to engage our pupils to live a healthy life and encourage them to challenge themselves to reach their full sporting potential. We believe that all children make the best progress in Physical Education when they have opportunities to succeed, recognise their own progress, experience a wide range of sports and make links with sporting professionals. Through our development of a rich Physical Education environment, children develop, refine and practise skills. This information explains how we approach teaching children Physical Education skills and knowledge. We hope it helps you understand the key ways in which we work as a school, and how you as parent can best support your child's learning within these essential areas. We also hope that by reading this information you will understand how ambitious we are for your child, how we want to see them achieve in all areas during their time at Sandford, and how we want them to fully enjoy all of their learning.

What PE looks like at SANDFORD



How we teach PE at SANDFORD

At Sandford, we recognise that PE plays a significant role in the lives of all children and its impact on their physical, mental and emotional health. Children at Sandford demonstrate a positive, enthusiastic and competitive attitude towards PE. All teachers provide opportunities for children to demonstrate their skills at an appropriate level whereby children can recognise and celebrate their success and the successes of their peers. Children have access to a minimum of 2 hours of PE each week, additional movement breaks within the classroom and active playtimes using our playground markings, trim trail equipment and school field activities during the summer months. We also recognise the importance of the competitive element of PE which can be seen when children partake in after school events at local Primary Schools in our cluster or county and across the Trust. This opportunity further develops children's skills in team work, cooperation and resilience. Children also have access to specialist coaching opportunities throughout each term, which is planned and sequenced to complement our REAL PE scheme.

PE in the Early Years

In the Foundation Stage, PE provides opportunities for children to be active and work cooperatively with their peers, develop their co-ordination and control, recognise movement, understand the importance and impact of physical activity on their bodies and recognise how these contribute to a healthy life. Through our use of REAL PE, children develop these skills sequentially exploring the key areas of dance, gymnastics and ball skills. Our specialist sports coach also delivers key skills including game tactics and use of specialist gymnastic equipment.

PE in Key Stage 1 and Key Stage 2

In Key Stage 1 and 2 PE continues to provide opportunities for children to be active and work cooperatively with their peers, develop their co-

ordination and control of movement with an increased understanding of the impact that PE has on their physical, emotional and mental health. Through our use of REAL PE, children develop and refine their skills building on the key areas of dance and performance, gymnastics and ball skills in relation to key sporting outcomes such as cricket, football, hockey and netball. Our specialist sports coach also delivers these key skills including game tactics and preparation for competitive sporting festivals. Children in KS2 also access outdoor and adventurous activities through our Year 6 residential trip to an outdoor adventurous camp and Year 4&5 camping and adventure at Osprey Outdoors. At Sandford, we further recognise the importance of swimming as a key life skill, therefore children are given swimming provision in Redstreak (for the whole academic year) with access to specialist coaching at Kings of Wessex Swimming Pool. This ensures every pupil at Sandford will learn to swim before they leave our school.

How we make P.E. exciting and motivating for the children

PE has a significant role within our curriculum planning and delivery, we continue to reflect upon the way we deliver this subject to ensure that all children are excited by and engage with PE. We recognise that PE is essential to all children's health, overall wellbeing and we recognise the importance of providing them with these skills to support their future lives. We ensure that children have access to high quality teaching from class teachers and outside professional coaches, as well as high quality PE equipment so that they can engage in a variety of sports and learn the skills, knowledge and expertise required to develop as an athlete. We also encourage the children to use iPads for recording their progress and reflecting upon how they have improved; identifying their next steps in learning; and engage in a dialogue with their peers and teachers. This approach develops children's motivation by building in self-directed learning opportunities that develop their skills in reflection, the ability to take ownership over their learning and challenging themselves.

The curriculum co-ordinator also ensures all children have access to and the opportunity to play a range of sports competitively; this is built into team games within their class, year group and with other children in their crews at our annual Sports Day. A further aspect of this provision is access to a number of Sporting Festivals held at different venues in the local area, which allow children to enjoy a range of sports and compete against other trust and cluster schools. These festivals instil a sense of pride, sportsmanship and achievement, in which all children, who compete are recognised and celebrated for their participation and achievement in our weekly Celebration Assemblies.

How we assess PE

Assessment for learning is continuous throughout the planning, teaching and learning cycle within PE. At Sandford, we assess children through our assessment and tracking document which further outlines key assessment tasks that are undertaken each half term. Formative assessment in PE is carried out by class teachers and a dialogue with specialist sport coaches. These take place through direct observation, verbal discussions with teachers and peers, self-assessment and mini plenaries throughout PE sessions, which encourage children to be reflective and recognise their progress and achievements. Building on regular formative assessment, a summative judgement can be made at the end of each unit. Teachers use their professional knowledge to assess children's attainment and progress within each area of PE. These are used to assist in reporting to parents and passed on to the following class teacher and impacts upon future long term and short term planning and training needs.

How we help children who find PE difficult

Children who find PE difficult are supported to recognise their achievements at whatever level they are working at. Class teachers and coaches use their professional knowledge to ensure that challenges are

appropriate and modify teaching so all can achieve success. Examples of this include; larger balls for children who find catching difficult; modelling of the skill and being supported by class teacher or teaching assistant to complete. Additionally, as in a classroom situation, all class teachers operate a 'hug closely' group for children who have been identified as requiring additional support in achieving their learning outcomes. More broadly speaking, common practices applied by our classroom teachers and teaching assistants would be:

- giving more time to complete tasks
- setting tasks with different challenges, so all can achieve
- providing resources of different complexity depending on the ability of the child
- using classroom assistants to support children individually or in groups

At the point where a child is unable to demonstrate progress in this area, a conversation with the SENDCO would take place. Please see the SEND policy and the school's graduated response forms for further information for when a child requires additional support because there is a significant gap in their learning.

How parents and carers can help their children with PE

At Sandford, we recognise that a child's life outside of school can have a huge impact on their ability to retain the knowledge they learn in school. As parents and carers, you are in the best position to encourage and nurture your child's passion and talent in PE. It is often from home, that the first inspiration or encouragement comes to your child to participate in competitive sporting clubs such as football, rugby or tennis. This can be a result of your own hobbies and interests. Additionally, you are a significant part of developing your child's attitude towards maintaining a healthy lifestyle, this can be in the form of undertaking local park runs, going for a walk in nature, learning to ride a bike or going swimming at the local swimming pool. The opportunities that you provide will always be significant in developing your child's confidence

and enjoyment of PE, as such we take pride in celebrating the sporting achievements that all children achieve outside of school in our weekly Celebration Assemblies.

How we celebrate PE

Within Sandford School we promote a healthy lifestyle culture. and believe that this culture extends into the local community and after school club participation, therefore we recognise the importance of celebrating these sporting achievements within our school assembly calendar. We also hold an annual Sports Day where parents are invited to celebrate and share the success of all children. Furthermore, we celebrate both Sports Relief and Hello Yellow (Young Minds) to teach children the importance of these charity events. With the inclusion and support of parents and carers, these successful fundraising events raise the profile of PE for both a healthy mind and body.

PE Opportunities at Sandford

At Sandford, we have a wide range of sporting opportunities which enhance our curriculum provision; these include Multiskills Festivals with local Primary Schools and KS2 sporting festivals such as tag rugby, netball, cross country running. These enable children to compete against other local Primary Schools. We also enhance and promote PE by offering children after school clubs like, Little Kickers, Forest School and Street Dance which are delivered within our school and led by specialist coaches. There are also opportunities throughout the year for small groups of children to participate in extra weekly sessions to improve confidence, develop team-work skills and encourage sportsmanship with their peers.