

# Sandford Primary School

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**Executive Headteacher: Lorna Richardson**

Wednesday 27<sup>th</sup> September 2023



Dear Parents & Pupils,

## **#HELLOYELLOW – World Mental Health Day 2023**

We can all struggle with how we're feeling, but sometimes things get tough and it can be difficult to cope. For so many young people, when this happens, they don't get the help they need, when they need it. But together, we can change this.

By **wearing something yellow** this World Mental Health Day on Tuesday 10<sup>th</sup> October, and donating what you can, you can show young people across the UK that you're with them. Show them that they matter and deserve the support they need, when they need it, no matter what.

At Sandford Primary School, we join thousands across the country every year, to stand out and show up for young people's mental health with #HelloYellow. These issues are here in our own community, so let's get involved and show everyone that we care!

Donating through our JustGiving page is simple, fast and totally secure. Once you donate, they'll send your money directly to Young Minds Trust, so it's the most efficient way to give - saving time and cutting costs for the charity.

You can donate to our JustGiving page by clicking here: [https://www.justgiving.com/page/miss-stevens-1694078986861?utm\\_medium=fundraising&utm\\_content=page%2Fmiss-stevens-1694078986861&utm\\_source=email&utm\\_campaign=pfp-email](https://www.justgiving.com/page/miss-stevens-1694078986861?utm_medium=fundraising&utm_content=page%2Fmiss-stevens-1694078986861&utm_source=email&utm_campaign=pfp-email)

JustGiving sends your donation straight to Young Minds Trust and automatically reclaims Gift Aid if you are a UK taxpayer, so your donation is worth even more.

Thank you for your support!  
Yours sincerely,

Miss Angie Stevens  
Head of School

